
Module 5: Monitoring, Evaluation, and Continuous Improvement

Session 1: Monitoring, Evaluation, and Continuous Improvement

Slide 1:

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Slide 2:

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Slide 3: Introduction

Monitoring and Evaluation (M&E) is the backbone of activities related to food waste management for effectiveness, efficiency, and sustainability. By prioritizing M&E, organizations make sure that their activities dealing with food-waste management are effective in contributing towards environmental sustainability, economic efficiency, and social equity.

Slide 4: Effectiveness and Accountability

The nature of M&E provides information if activities being done within food waste management are accomplishing what they are supposed to reach, such as reduction in waste or enhanced recycling.

Additionally, M&E indicates gaps where programs are not meeting objectives and thus calls for timely changes.

Through regular monitoring, for example, funders, governments, and communities are informed about the use of resources.

M&E assists in meeting regulatory frameworks regarding waste reduction targets and environmental set standards.

Slide 5: Optimising Resources and Continuous Improvement

This slide emphasizes the role of progress monitoring in identifying inefficiencies and optimizing resource use. M&E findings provide a basis for reallocating resources to activities with the highest impact and for re-evaluating strategies. The slide highlights that analyzing both successes and failures can inspire innovative solutions and drive improvements in food waste management.

Slide 6: Better Environmental and Social Outcomes

The narrative on this slide highlights how M&E contributes to minimizing greenhouse gas emissions and preserving natural resources. It monitors the efficiency of food redistribution programs, which redirect surplus food to those in need, creating social benefits. The slide also references the FAO Food Loss and Waste Challenge and the UNEP Food Waste Index Report 2024, encouraging alignment with these global initiatives.

Slide 7: Stakeholder Engagement and Adaptation to Changing Circumstances

This slide focuses on the importance of transparency in reporting, noting that it strengthens relationships with stakeholders and inspires community involvement. M&E systems are shown to help identify emerging challenges and changing waste generation patterns, enabling adaptive management. The slide emphasizes that scaling up successful activities can lead to improved environmental and social outcomes.



Slide 8: Examples of Successful Monitoring Initiatives (part 1)

Denmark's Stop Wasting Food Movement: Combines audits, public awareness campaigns, and stakeholder partnerships to reduce waste.

WRAP's Food Waste Reduction Roadmap (UK): Provides detailed guidelines for businesses to monitor, measure, and report food waste.

UNEP Food Waste Index: Encourages standardized global monitoring practices to track food waste reduction targets.

Slide 9: Examples of Successful Monitoring Initiatives (part 2)

National Food Waste Policy and Pacte National de Lutte contre le Gaspillage Alimentaire: France has taken a legislative approach to food waste reduction, supported by robust monitoring mechanisms.

Verspillingsvrije Week (Waste-Free Week): An annual campaign led by the Dutch Foundation for Food Waste-Free United, with a strong focus on monitoring and public engagement.

Slide 10: Key Performance Indicators (KPIs) for Food Waste Monitoring (part 1)

Effective food waste monitoring relies on key performance indicators (KPIs) to measure progress and guide improvement strategies.

1. **Total food waste generated:** (in Kilograms or tons of food waste per week, month, or year) to provide a baseline for tracking progress in waste reduction.
2. **Food Waste per capita measurement:** Kilograms of food waste per person (household, restaurant, company, etc.) which helps in comparing food waste efficiency across different units or locations.
3. **Percentage of food waste diverted from landfills** (e.g., composted, donated, or converted to energy) which indicates effectiveness in waste diversion strategies.
4. **Cost of food waste:** monetary loss due to food waste which helps businesses and households understand the financial impact of waste.

Slide 11: Key Performance Indicators (KPIs) for Food Waste Monitoring (part 2)

5. **Food recovery rate:** percentage of surplus food recovered and redistributed to those in need that shows efficiency in food donation programs.
6. **Waste composition analysis:** breakdown of waste into categories (e.g., fruits, vegetables, dairy, etc.) that identifies major contributors to food waste.
7. **Reduction in food waste over time:** percentage decrease in food waste compared to a baseline year that tracks the effectiveness of waste reduction initiatives.
8. **Greenhouse gas emissions from food waste:** CO₂ equivalent emissions from decomposing food waste to evaluate the environmental impact of wasted food.

Slide 12: Future Trends in Food Waste Monitoring and Evaluation in Europe

European countries are increasingly using **artificial intelligence (AI) and big data analytics to track food waste patterns**. Smart sensors, AI-powered image recognition, and machine learning algorithms help businesses and governments analyze waste generation, optimize supply chains, and predict food surplus. These technologies enable more precise interventions and efficient food redistribution.

The EU is working towards more standardized food waste measurement frameworks, such as those outlined in the **EU Farm to Fork Strategy** and the **UNEP Food Waste Index**. Europe is strengthening its legislative approach to food waste monitoring, with **mandatory reporting requirements** for large food businesses by 2025 under the EU Waste Framework Directive.

Slide 13: Food Waste Monitoring and Circular Economy

More European countries are integrating food waste monitoring with circular economy principles. Innovations such as **upcycling food by-products**, converting waste into animal feed, and expanding composting and biogas initiatives are becoming key strategies.

The EU is also funding research into alternative uses for surplus food, ensuring that waste is minimised at every stage of the food system.

Slide 14: Conclusions

Monitoring and evaluation serve as essential components of food waste control strategies, underpinning effective implementation and ongoing progress.

M&E facilitates accountability, resource efficiency, and adaptability through the provision of reliable data and actionable insights.

Additionally, it fosters ongoing enhancement while showing the environmental and social benefits of minimising food waste.

To optimise utility, M&E frameworks must be integrated from the beginning, engage all relevant stakeholders, and utilise standardised metrics to ensure consistency and comparability.

Slide 15: Thank you

