food service sector

Project Number: 2022-1-PL01_KA220- VET-000089122



Session 6: Data and trend analysis to identify areas for improvement and investment. Methods for engaging staff in continuous improvement processes.

Slide 1: Module 5

Module 5 on Monitoring, Evaluation, and Continuous Improvement

Slide 2: Title Slide

Session 6 is all about Data and trend analysis to identify areas for improvement and investment and the methods for engaging staff in continuous improvement processes.

Slide 3: Introduction

In 2022 the European Union generated a staggering 59 million tonnes of food waste. That's approximately 132 kilograms per person! When we break it down, households are responsible for 54% of this waste—an average of 72 kilograms per person. Processing and manufacturing contribute 19%, primary production 8%, restaurants and food services 11%, and retail and distribution 8%. These numbers underline the urgent need for strategic improvements and investments to tackle this issue effectively. Let's dive into how data and trend analysis can help.

Slide 4: Trends in Food Waste Management

The food waste management market in Europe is growing rapidly, with a projected compound annual growth rate (CAGR) of 5.44% from 2023 to 2030. This growth is fueled by increased awareness and regulatory measures. Interestingly, households are still the largest contributors to food waste, which means educating consumers and encouraging behavioral change are critical. On the technology side, artificial intelligence (AI) is making waves, especially in hospitality and retail, by offering predictive analysis, real-time monitoring, and process optimization to minimize waste and boost sustainability.

Slide 5: Food waste management: Areas for Improvement in the Business Sector (part 1)

Businesses have several opportunities to improve food waste management:

- Enhanced Inventory and Stock Management
- Adoption of Circular Economy Practices
- Food Redistribution Initiatives
- Improved Waste Auditing and Reporting
- Investment in Employee Training and Awareness
- Sustainable Packaging Solutions
- Collaboration Across Supply Chains
- Consumer Engagement and Transparency
- Adoption of Advanced Waste Recycling Technologies



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Slide 6: Food Waste Management: Areas for Improvement in the Business Sector (part 2)

- Enhanced Inventory and Stock Management: to avoid overstocking perishable items, companies can use AI tools for demand forecasting and real-time inventory tracking. Retailers like Tesco are already using AI systems to optimize stock levels.
- Adoption of Circular Economy Practices: Another area is repurposing byproducts, such as converting food waste into animal feed or bioenergy.
- Food Redistribution Initiatives: Partnerships with startups specializing in upcycled food products can also be highly effective. Moreover, donating surplus food through platforms like Too Good To Go and FoodCloud is a great way to prevent waste while helping those in need.

Slide 7: Food Waste Management: Areas for Improvement in the Business Sector (part 3)

- Improved Waste Auditing and Reporting: To tackle the lack data on the type and quantity of food waste generated, making targeted interventions difficult. Actions such as conduct regular waste audits to identify key waste streams, and use of digital tools like Winnow or Leanpath to monitor and analyze food waste data in real time. An example of this is the Hilton Hotels, that uses Winnow's AI system to monitor kitchen waste and has reported substantial reductions.
- Investment in Employee Training and Awareness: businesses can offer
 workshops and ongoing training on best practices for food handling, portioning,
 and storage. Also, they can incentivise employees to innovate and participate in
 waste reduction programs. Example: IKEA runs staff training programs to
 promote better food management in its kitchens and restaurants.
- Sustainable Packaging Solutions: businesses can use smart, biodegradable, or
 edible packaging to extend freshness while reducing environmental impact. They
 can also invest in active packaging technologies that help monitor product
 quality. Example: Notpla offers seaweed-based packaging solutions to reduce
 waste and environmental impact.

Slide 8: Food Waste Management: Areas for Improvement in the Business Sector (part 4)

- Collaboration Across Supply Chains: businesses can share data across the supply chain to align production with demand more effectively. They can also establish contracts or agreements to repurpose surplus or off-spec produce. Example: Unilever collaborates with farmers and suppliers to minimize waste during sourcing and processing.
- Consumer Engagement and Transparency: examples of this are sharing data across the supply chain to align production with demand more effectively, and stablishing contracts or agreements to repurpose surplus or off-spec produce.



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Example: Unilever collaborates with farmers and suppliers to minimize waste during sourcing and processing.

Adoption of Advanced Waste Recycling Technologies: businesses can share data
across the supply chain to align production with demand more effectively;
establish contracts or agreements to repurpose surplus or off-spec produce. An
example of this is Unilever, that collaborates with farmers and suppliers to
minimize waste during sourcing and processing.

Slide 9: Food Waste Management: Areas for Improvement in the Business Sector (part 5)

Investing in Research and Development (R&D) in food preservation, by developing technologies such as cold chain logistics, advanced freezing methods, or natural preservatives, represents another essential aspect that allows to reduce spoilage losses and expand market access for perishable products.

Investing in food waste management provides businesses in Europe with the opportunity to not only **save money, but also to lead the way in sustainability**. Businesses that prioritise sophisticated technologies, collaboration, and innovation can drastically reduce food waste, align with EU sustainability standards, and increase brand value.

Slide 10: Food Waste Management: Engaging Staff in Continuous Improvement Processes (part 1)

Engaging staff is a vital part of any continuous improvement process:

- Education and Training
- Clear Goals and Metrics
- Employee Empowerment
- Incentives and Rewards
- Create a Culture of Accountability
- Use Technology to Engage Staff
- Communication & Awareness
- Foster Collaboration
- Continuous Learning
- Lead by Example
- Celebrate and Reflect

Slide 11: Food Waste Management: Engaging Staff in Continuous Improvement Processes (part 2)

Engaging Staff Through Education, Goals, and Accountability

To effectively engage employees in food waste management, companies must prioritise education and clear communication.

Training sessions, onboarding programs, and interactive seminars can help staff gain knowledge and skills for reducing waste. Setting concrete goals, such as specified reduction targets, and periodically updating employees on progress promotes a sense of shared purpose.



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Assigning specific roles, such as "waste champions," and providing processes for reporting inefficiencies increase team members' accountability and ownership.

Slide 12: Food Waste Management: Engaging Staff in Continuous Improvement Processes (part 3)

Empowering and Incentivising Employees

Empowering employees to participate in decision-making and innovation is essential to engagement. Staff should be encouraged to offer process improvements or try out waste-reduction initiatives.

Recognising achievements with monetary and non-monetary benefits, such as bonuses, additional time off, or public acknowledgement, encourages employees to actively participate.

Celebrating milestones and achievements boosts morale and fosters the commitment to continual progress.

Slide 13: Food Waste Management: Engaging Staff in Continuous Improvement Processes (part 4)

Leveraging Technology for Real-Time Engagement

Employees can receive real-time feedback and actionable data using technological solutions such as waste tracking systems, smartphone apps, and AI-powered insights. These platforms can gamify the process by providing rewards and emphasising the importance of individual efforts.

Visual aids, dashboards, and digital displays in workplaces keep employees informed and engaged, while building a tech-enabled culture of sustainability.

Slide 14: Food Waste Management: Engaging Staff in Continuous Improvement Processes (part 5)

Encouraging Collaboration and Continuous Learning

Team challenges, cross-training initiatives, and inter-departmental competitions promote teamwork and accountability.

Hosting open forums and learning sessions with external experts or sustainability activists brings new ideas and practical strategies.

Post-action evaluations and refresher training allow businesses to routinely examine successes and areas for improvement, ensuring that waste reduction remains a dynamic and developing goal.

Slide 15: Food Waste Management: Engaging Staff in Continuous Improvement Processes (part 6)

Building a Culture of Leadership and Celebration

Strong leadership is essential in setting the tone for employee engagement in food waste control.

Managers who actively participate in initiatives and recognise high-performing team members encourage others to do the same.

Regularly conducting events like "Sustainability Day" and sharing success stories fosters a culture of celebration and reflection.



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Businesses can make long-term changes and link their operations with environmental goals by constantly refining engagement tactics based on feedback...

Slide 16: Food Waste Management: IT programs for data analysis

The growing emphasis on minimising food waste in Europe has led to the implementation of IT solutions that facilitate data analysis and the optimisation of waste management practices for businesses, policymakers, and organisations. Technology is a game-changer in food waste management. Tools like Spoiler Alert and ReFed help businesses quantify waste and provide actionable insights. Kitro is an AI-driven platform that analyzes food waste in hospitality settings, while Agrivi focuses on inefficiencies in food production. These tools not only optimize processes but also align businesses with sustainability goals. Whether it's inventory management or monitoring surplus food, these IT solutions make a measurable difference.

Slide 17: Food Waste Management: areas for improvement and investment

To wrap up, food waste management is a critical area for improvement and investment in Europe. Businesses that embrace advanced technologies, promote collaboration, and align with circular economy principles will see cost savings and enhanced sustainability. Engaging staff and leveraging data analytics can lead to significant progress. By addressing food waste holistically, companies can achieve operational efficiency, meet regulatory requirements, and enhance their brand reputation. Advanced IT solutions enable the industry to collect, analyse, and utilise waste data, facilitating significant advancements in alignment with Europe's sustainability goals and regulatory requirements.

Slide 18: Thank you

